東華三院伍若瑜夫人紀念中學

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要進行一条

本校於1977年創辦,秉承東華三院「全人教育」的辦學宗旨,一直為葵青區萃 莘學子提供優質教育,校風淳樸。

教學團隊獲 專業嘉許

為營造豐富和活潑的英語學習環境,全面提升學生學習英語的能力,本校 以全校參與模式推行跨科英語學習,設有大量多元化活動。本校曾獲教育局頒 發「行政長官卓越教學獎」,表揚我們在英語教學方面的卓越表現。另外,本校 英文科教師團隊在「2022/2023東華三院教學獎勵計劃」(英國語文教育學習 領域中學組)獲獎。此獎項嘉許教學優異的教學團隊。評判團一致認為本校英文 科的課程規劃聚焦,具針對性,且教學策略清晰,能有效提升學生英語能力。





本校已連續四年在「東華三院教學獎勵計劃」 中獲取殊榮(包括「英語教育」、「語文教育」、「科學 教育」、「訓育及輔導」),再次肯定我們學校的學 與教質素。本校教學團隊定必鼓勵教師繼續追求卓 越、勇於創新,提升教學質素。

彰顯品格班頂建立豐盛人生

本校榮獲香港青年協會頒發「積極推動正向教育獎」

本校注重培養同學紮實的 學問基礎,亦致力孕育正向價 值觀。我們服膺正向教育的理 念,以「鼓勵、欣賞及感恩」 為題,籌辦多元化活動,在校 園建立正面快樂的氣氛和享受 生活的態度,讓學生體驗互相 關懷的積極意義,成就正面的 素質,邁向圓滿的人生。





將西部第一時間

本校致力營造活潑的英語學習環境,讓學生每天上學都沉 浸在英語氛圍中。英語已經融進校園生活,不論在早會還是午 膳播放的節目,英語都無處不在,讓學生時刻浸潤在語言環境 中。除了校內的英語學習活動外,我們亦鼓勵學生踴躍參與全 港性英語活動和比賽,增加同學接觸英語的機會和學習信心, 全面提升其英語能力。

全校參與跨學科英語學習 成效顯著

本校以「全校參與模式」推行跨 科 英 語 學 習(Language across the Curriculum),在初中及高中進行跨學 科英語活動,例如跨學科話劇表演、跨 學科寫作訓練、設計英語電子雜誌、跨 學科專題研習等,讓學生明白英語在跨 學科應用中的重要性,並能有效地在各 個科目中活用英語。本校曾獲教育局頒 發「行政長官卓越教學獎」,以表揚本 校在英語教學方面的成就。



 Chief Executive's Award for Teaching Excellence



LAC Drama

• WYY Gratitude Day



Senior Form LAC Project



• English Campus TV Interview

追求卓越 教學團隊備受肯定

東華三院教學獎勵計劃2022-23

本校英文科教師團隊於2022-23年 度獲頒發「東華三院教學獎 英國語文教 育學習領域」,藉此表揚本校在英語教 學方面的驕人成就。



活學活用 提升自信

為加強同學英語會話能力,英文科經常與校內不同組別 合辦活動,例如每年與升學及就業輔導組合辦「中五求職體 驗」(Job Hunting Experience),讓學生撰寫求職信和穿著 整齊套裝參加模擬英語工作面試。外籍英語教師亦會在英語 角舉行不同的午間活動,藉此引發同學學習英語的興趣。在 校外,同學亦積極參與不同類型的英語活動,包括香港電台的 Teen Time英語節目、參觀Google Office、聯校英語說話訓練 等,這些活動能讓他們自信地運用英語。









Job Hunting Experience

· Halloween Fun Day



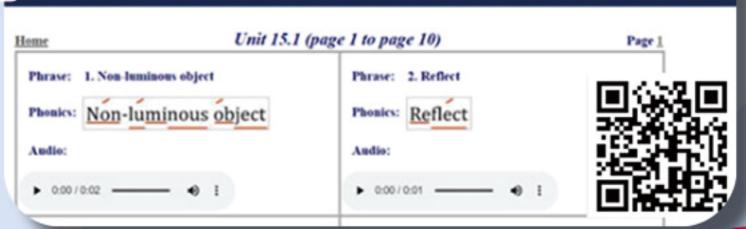
· Study Tour to Australia

體驗文化 擴闊視野

文化體驗是學習英語的重要一環,因此英文科特設了四 個不同的文化範疇:「節日巡禮」(Festive Fiesta)、「生活與 價值觀」(Life & Values)、「運動體驗」(Sports Sensation) 及「文學欣賞」(Literature Lovers),讓學生於校內、外體 驗文化,把英語及正向價值觀融入生活。此外,學生積極參 與文化交流團,足跡遍佈世界,如美國三藩市、澳洲、菲律 賓等。

活用網上平台 輕鬆自主學習

學校設置校本網上英語學習平台English iZone,讓 學生能夠重溫各科課堂上學到的英語詞彙及標準發音。 平台上收錄了學生多年來的學習成果,包括英語話劇班 際比賽及個人演講的影片、英文校報Glitter和英語寫作比 賽獲獎的佳作,學生隨時隨地都能輕鬆自主學習。



運用生活化題材 培育學生正確的價值觀

學校透過日常的英語寫作及 恆常的英語閱讀訓練,培養學生 正確的價值觀,活用英語。本校 學生於22-23東華三院「好人好 事:英語故事寫作比賽」中取得 全港首十二名的佳績。





 Good People Good Deeds English Story Writing Competition

2023年香港中學文憑試學生表現優異

本校多年來致力為學生提供優良的學習環境和多元化的學習機會,提高學生的學術水平和發揮他們的潛能。本校有115名學生參加2023年香港中學文憑試,成績表現優良,四個核心科目的合格率遠高於全港平均。所有科目整體合格率90%。

獲得佳績的同學眾多,以下節錄其中幾位同學的成績:

中六畢業生	入讀大學及學系	2023香港中學文憑試成績	曾就讀小學
江朗豪	香港中文大學-社會工作	中國歷史5*,歷史5*,中國語文5	慈幼葉漢小學
容永道	香港中文大學-數學精研	數學5*, 數學延伸部分單元二5*, 物理5	慈幼葉漢小學
王依婷	香港中文大學-酒店旅遊及房地產	旅遊及款待5*,通識5,經濟5	梨木樹天主教小學
沈丹銓	香港中文大學-經濟學系	中國語文5*, 通識5, 經濟5	石籬聖若望天主教小學
黃芷筠	香港中文大學-英文系	中國語文5, 英國語文5	嗇色園主辦可信學校
冼碧遙	香港城市大學-工商管理學士(金融)	中國語文5*	慈幼葉漢千禧小學

悉島果他考護住績的同學。企践名單未能盡錄。 再一次恭賀各位同學》



• 嘉賓講者





• 全體中六合照

表揚學生傑出成就

本校1986年畢業的校友 - 謝婉雯醫生在2003年非典型肺炎肆虐期間救病拯危,奮勇殉職。東華三院、本校和香港胸肺基金會設立了不同獎學金,藉此延續謝醫生奮不顧身、捨己為人的精神。

本校2022年中六畢業生鄭凱瑤獲東華三院獎學金 (TWGHs SF(MNT) Fund Scholarship)資助十萬港元,修 讀護理學(榮譽)理學士組合課程。

東華三院設多項獎學金供學生申請,旨在表揚和嘉許在不同 範疇有卓越表現的學生。為培育學生的學術成就和品格,本校亦 努力尋求資源,以協助學生勇創佳績,我們按照學生學業成績、 課外活動、品德表現及家庭狀況,向學生提供不同獎學金。同時 本校也協助學生申請不同校外獎學金,讓他們有更充足的資源發 展潛能,盡展所長,好讓學生能學富五車。



東華三院獎學金

TWGHs SF(MNT) Fund Scholarship

李文輝先生夫人大學獎學金

王氏港建國際(企業)有限公司獎學金

東華三院許少榮大學獎學金

東華三院升讀東華學院獎學金

東華三院中銀香港國內升學獎學金

東華三院黃乾亨基金會獎學金(升讀內地大學)

東華三院黃筑筠晉升大學獎學金

東華三院體藝精英學生支援及獎勵計劃

東華三院傑出學生獎(全面)

東華三院謝婉雯醫生紀念獎學金

香港中學文憑試優異成績獎

東華三院傑出學生獎(課外活動)

80-81獎學金,香港商業銀行獎學金,恆生銀行金禧紀念獎學金,陳庭驊基金會獎學金

東華三院文頴怡勤儉忠信獎學金(嘉許獎)

東華三院李兆忠紀念獎學金(嘉許獎)

東華三院KMO獎學金(服務)

本校獎學金

伍若瑜紀念獎學金 (升讀大學)

(伍宜孫慈善基金會有限公司捐贈)

伍若瑜紀念獎學金 (個人成長與發展)

(伍宜孫慈善基金會有限公司捐贈)

易氏伉儷紀念獎學金

李鋈麟博士獎學金

永隆銀行/伍若瑜夫人及東華三院獎學金

伍絜宜慈善基金謝婉雯校友紀念獎學金

校友會優秀學長獎學金

彩虹行動謝婉雯品學兼優獎學金

嚴展明校長作育英材紀念獎學金

其他獎學金

領展「第一代大學生獎學金」

香港社會服務聯會「明日之星-上游獎學金」

羅氏慈善基金應用學習獎學金

香港胸肺基金會謝婉雯醫生紀念獎學金

荃灣鄉事委員會獎學金

尤德爵士紀念基金高中學生獎

荃葵青區中學校長會荃葵青區十二大傑出學生獎提名獎

屈臣氏集團香港學生運動員獎

青苗學界獎學金

創設閃亮舞台

學生成就斐然

本校提供多元化的學習機會,培養同學不同的興趣,讓他們發揮所長,盡展潛能。同學夙夜 匪懈、朝乾夕惕,所獲碩果累累。獎項不勝枚舉,現節錄部份獎項如下:

學術及領袖培訓





國際聯校學科評估及比賽由澳洲新南威爾斯大 學教育評估中心主辦,評估著重考核學生的思考和 應用能力。

我校去年就讀中五級的羅响同學及吳肇瑜同學,在每年約7萬人次應考的港澳地區比賽中,脫穎而出,取得中五級數學科的最高榮譽獎牌。



本校學生連續四年都參加由麻省理工學院首創一年一度的世界最大型合成生物學競賽:「iGEM-國際遺傳工程機械設計競賽」。本校歷年均獲不同獎項。

於2020年,本校在全球二百多個團隊中脫穎而出,獲「Revive and Restore」環保團體選為全球首十二大最有潛質隊伍,並獲得約四萬港元獎金。另外,由2020年至2022年,均獲得研究銅獎。

本年,本校七位學生與另外四所本地中學,組成香港聯隊,前往 巴黎參賽,並獲優異成績。本年度共有超過400隊,來自66個國家的 學生及研究生參加。本校不單獲得研究金獎,更入圍「最佳可持續發 展影響」及「最佳教育」的獎項提名,意味本校於相關範疇的表現名 列全球頭五位。



本校學生在 2022-2023年度 的市建局x東華三 院青年領袖計劃, 榮獲最具創意獎。



本校學生參與由國際扶輪3450地 區以及香港數碼港合辦的比賽,獲得亞 軍,為數碼港海濱公園提供了具創意及 可行的智能公園設計方案。



計劃由廉政公署社區關係處舉行, 本校學生表現積極且投入,榮獲金獎。此 計劃讓學生擔任iTeen 領袖,在校內推廣 倡廉活動,宣揚誠信及廉潔的價值觀。



本校在培訓制服團隊方面不遺餘 力,6A趙穎瑤同學獲選為2023年新界西 總部「傑出紅十字青年會員」,更成為新 界西總部四位代表之一,出戰全港遴選。



本校學生榮獲Jet Racer級別的冠軍、最快圈速獎及最快平均速度獎,表現卓越。



本校學生的參賽文章取材獨到,朗誦時抑揚頓挫,榮獲三個三等獎。



是次活動由半島青年商會舉辦,本 校學生榮獲「保育倡議」季軍,並獲邀 到澳門參與保育交流活動。

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	iGEM國際遺傳工程機器設計競賽	研究金獎,入圍「最佳可持續發展影響」及 「最佳教育」獎項提名。	
	「校際人工智能EDGE級方程式比賽」	Jet Racer冠軍、Jet Racer最快圈速獎及Jet Racer最快平均速度獎	
	市建局x東華三院青年領袖計劃	最具創意獎	
9	「高中iTeen 領袖計劃」	金獎	
	「粤港澳大灣區資優天文學家挑戰賽2023」	銀獎	
	「我愛我的祖國」— 金紫荊盃香港校際作文暨普通話朗誦大賽	3項三等獎	
	「優秀女童軍選舉2023」	銀獎	
	「《一帶一路·與我何干》綜合能力比賽」	三等獎	
	「禁毒教育@模擬法庭2.0」	最佳證人獎及最佳公義智囊團	
	化學家在線自我學習獎勵計劃	3項銅獎、5項鑽石獎	L
	粤港澳大灣區數學競賽預選賽(香港賽區)	3項一等獎、5項二等獎及8項三等獎	
	泰國國際數學競賽初賽	3項金獎、1項銀獎及3項銅獎	
	香港國際數學競賽初賽(香港賽區)	4項金獎、3項銀獎及7項銅獎	
	「全港中學學界辯論比賽」初賽及外圍賽	勝出隊伍獎及最佳辯論員	
	「《UNICEF HK「可持續發展目標(SDGs)網上學習獎勵計劃2023」》	2個金章及1個銅章	
	「好人好事英文故事寫作比賽」	全港首十二名	

體育

葵青區中學校際田徑比賽

本校田徑隊成績斐然,多次蟬聯「葵青區中學校際田徑賽」男子組及女子組團體總冠軍。本年度同樣榮獲學界田徑獎牌榜第一名,以及男子組團體冠軍(2022-23)。



影視藝人籃球隊訪校賽

由校友名人伍富橋、吳業坤及香港聯會甲組球 員組成的籃球隊「VR-1」到本校訪問及比賽。本校 男子籃球隊及女子籃球隊有幸與他們切磋球技,並 學習他們永不放棄、精益求精的運動精神。





	青少年賽艇分齡賽	(第五站)男子1000米賽艇冠軍及(第六	站)U15冠軍	
	香港校際賽艇錦標賽	1項冠軍及1項亞軍		
	華永盃跳繩錦標賽暨公開賽	4x30個人混合速度接力賽亞軍、團體大匯演花式挑戰賽季 軍及全場總季軍		
	葵青區中學校際田徑比賽	6項冠軍、3項亞軍、2項季軍、3項殿軍		
	葵青區校際男子乒乓球比賽	甲組季軍		
	香港三項鐵人賽	季軍		
	葵青區校際女子籃球賽	高級組季軍		
	葵青區中學校際游泳比賽	3項冠軍及1項季軍		
	「葵青區中學校際羽毛球比賽」	甲組季軍		
	全港跳繩錦標賽暨IRSO中國香港跳繩代表隊選拔賽	1項冠軍、2項亞軍		
	「短途定向巡迴賽2022」	總排名亞軍		
	「大埔十公里 (14-15歲)3公里比賽」	冠軍		
	「離島區長跑賽2023 10KM」	季軍		
	「香港之巔挑戰賽2023 6KM」	冠軍		

騎人成就一藝術



本校學生於香港學校舞蹈節戰績彪炳,勇奪多項殊榮,包括:「爵士舞及嘻哈舞」甲級獎、「查查查」甲級獎及乙級獎、「體育舞蹈-牛仔」乙級獎、「現代舞——獨舞」乙級獎、「中國舞——獨舞」優等獎及「爵士舞及嘻哈舞——獨舞」甲級獎。

香港國際無伴奏合唱節

本校「無伴奏合唱小組」參加香港青年協會舉辦的「香港國際無伴奏合唱比賽2023」,獲得銅獎。





「第5屆DRAW MY WATCH 錶面設計比賽」

本校學生憑著創意及設計的天賦,在是次設計比賽 中獲得公開組亞軍。





本校11名學生咖啡師積極備戰, 比賽中表現優秀,其中一名學生更躋身 全港學界8強,成績令人鼓舞。



本校手鈴隊參加由香港聯校音樂協 會舉辦的聯校音樂大賽,獲得金獎。



香港學校朗誦節	2項冠軍、2項亞軍及3項季軍	
學校舞蹈節	(爵士舞及嘻哈舞)甲級獎、(查查查)甲級獎及乙級獎、(體育舞蹈-牛仔)乙級獎、(現代舞-獨舞)乙級獎、(中國舞-獨舞)優等 獎及(爵士舞及嘻哈舞-獨舞)甲級獎。	
「2023標帆盃全港體育舞蹈公開賽	(11-13歲單人拉丁分組賽-查查查及倫巴舞)	各1項冠軍
澳洲駐香港總領事館主辦「我的澳洲聖誕卡設計比賽」	高級組冠軍	
第一屆東華三院文穎怡中華文創設計獎	亞軍	
構建智能公園徵集設計方案比賽	學生組亞軍	
第七屆香港演藝精英盃音樂大賽(中級結他)	銀獎	
「無伴奏合唱比賽2023」	銅獎	
第九屆香港青少年音樂大賽	少年初級聲樂組銀獎	77-222-31
聯校音樂大賽	手鈴組金獎	
「第5屆DRAW MY WATCH 錶面設計比賽」	公開組亞軍	

學校簡介影片



TWGHs Mrs Wu York Yu Memorial College







wyyss@tungwah.org.hk



http://twghwyyms.edu.hk



xceptional and Mard-Winning Teaching

Our school, founded in 1977, adheres to the Tung Wah Group of Hospitals' principle of "holistic education." We have consistently provided high-quality education to the students of Kwai Tsing District, fostering a simple and wholesome school ethos.

Professional Recognition for our Teaching Team

To create a rich and vibrant English learning environment and enhance students' English proficiency, our school has implemented cross-curricular English learning with full participation and a wide range of diverse activities. We have been awarded the "Chief Executive's Award for Teaching Excellence" by the Education Bureau, recognizing our



outstanding performance in English teaching. Additionally, our English Department won the "2022/2023 Tung Wah Group of Hospitals Teaching Award" (Secondary School Group in the English Language Education Learning Area). This award honors teaching excellence, the judges unanimously agreed that our English curriculum is well–focused, specific, and strategically clear, effectively improving students' English proficiency.



For four consecutive years, our school has been honored in the "Tung Wah Group of Hospitals Teaching Awards Program" (including awards in "English Education," "Language Education," "Science Education," "Discipline and Counseling"), reaffirming the quality of our teaching and learning. Our teaching team is committed to encouraging teachers to pursue excellence and innovate, thereby enhancing the quality of teaching.

Highlighting Character Strengths to enrich Life

Our school has been honored with the "Active Promotion of Positive Education Award" by the Hong Kong Federation of Youth Groups

We focus on developing students' solid academic foundations and nurturing positive values. Embracing the concept of positive education, our school organizes diverse activities under the themes of "encouragement, appreciation, and gratitude." We strive to create a positive and joyful campus and an attitude of enjoying life. Our initiatives enable students to experience the positive impact of mutual care, develop positive qualities, and move towards a fulfilling life.



Integrating English into Daily Life to Boost Confidence

Our school is dedicated to creating a lively English learning environment, immersing students in an English atmosphere every day. English has become an integral part of campus life,

from morning assemblies to lunchtime broadcasts, ensuring that students are constantly immersed in the language. Beyond in-school English activities, we encourage students to actively participate in city-wide English events and competitions. This increases their opportunities to engage with the language, boosting their learning confidence and overall English proficiency.



School-Wide Participation in Interdisciplinary English Learning Shows Remarkable Results

Our school implements "Language across the Curriculum" (LAC) in a school-wide participation model. We conduct interdisciplinary English activities at both junior and senior levels, including LAC drama performances, LAC writing, designing English e-magazines, and LAC project research. These activities highlight the importance of English in interdisciplinary applications and enable effective use of English across various subjects. Our school has been awarded the "Chief Executive's Award for Teaching Excellence" by the Education Bureau, acknowledging our achievements in English teaching.



WYY Gratitude Day



Senior Form LAC Project



English Campus TV Interview

Our Highly Commended Teaching Team

Tung Wah Group of Hospitals Teaching Awards Program 2022-23

Our English Department was awarded the "Tung Wah Group of Hospitals Teaching Award in the English Language Education Learning Area" for the year 2022–23, recognizing our school's impressive achievements in English teaching.



Promoting Active Learning and Reallife Application to Boost Confidence

Our English Department frequently collaborates with different groups within the school to facilitate practical language application. For example, we coorganize the "Form 5 Job Hunting Experience" with the Careers and Guidance team annually, where students write job application letters and participate in mock English job interviews in formal attire. Our native English-speaking teachers also host various lunchtime activities at the English Corner to spark students' interest



in learning English. Additionally, students

actively participate in various external English

activities, such as RTHK's Teen Time English





Job Hunting Experience

program, visiting the Google Office, and inter-school English speaking training, which enable them to speak English confidently. Halloween Fun Day

Broaden Horizons by Experiencing Cultures

Cultural experience is a vital part of learning English. Therefore, our English Department has established four different cultural categories: "Festive Fiesta," "Life & Values," "Sports Sensation," and "Literature Lovers." These

categories allow students to experience cultures both inside and outside the school, integrating English and positive values into their lives. Moreover, our students actively participate in cultural exchange programs, traveling to places like San Francisco in the USA, Australia, and the Philippines.



Study Tour to Australia

Utilizing Online Platforms for Easy, Independent Learning

The school has set up a web-based English learning platform, English iZone, allowing students to revisit the English vocabulary and standard pronunciation learned in various subjects. The platform archives students' learning achievements over the years, including



videos of English drama, individual speeches, our English school newspaper "Glitter," and award-winning entries from English writing competitions, facilitating easy and independent learning anytime, anywhere.

Using Real-Life Topics to Cultivate Positive Values

Through daily English writing and regular reading training, the school fosters positive values in students, applying English practically. Our students achieved the top twelve positions in the 22-23 Tung Wah Group of Hospitals "Good People, Good Deeds: English Story Writing Competition" in Hong Kong.





English Story Writing Competition

•Good People Good Deeds

2023 Hong Kong Diploma of Secondary Education Examination

Outstanding Performance

Our school has long been committed to providing students with an excellent learning environment and diverse learning opportunities, aiming to enhance their academic level and unleash their potential. This year, 115 students from our school participated in the 2023 Hong Kong Diploma of Secondary Education Examination and achieved excellent results. The pass rate in the four core subjects was significantly higher than the city-wide average, with an overall pass rate of 90% across all subjects.

Many students have achieved excellent results. Here are excerpts of the grades of a few students:

Form 6 Graduates	University Admissions	HKDSE Results 2023	Primary Schools Attended
Kong Long Ho	The Chinese University of Hong Kong – Social Work	Chinese History 5*, History 5*, Chinese Language 5	Salesian Yip Hon Primary School
Yung Wing Dou	The Chinese University of Hong Kong –Enrichment Mathematics	Mathematics 5*, Mathematics Extended Part Module 2 5*, Physics 5	Salesian Yip Hon Primary School
Wong Yee Ting	The Chinese University of Hong Kong – Hospitality and Real Estate	Tourism and Hospitality Studies 5*, Liberal Studies 5, Economics 5	Lei Muk Shue Catholic Primary School
Shum Tan Chuen	The Chinese University of Hong Kong –Economics	Chinese Language 5*, Liberal Studies 5, Economics 5	Shek Lei St. John's Catholic Primary School
Wong Tsz Kwan	The Chinese University of Hong Kong –English	Chinese Language 5, English Language 5	Ho Shun Primary School (Sponsored by Sik Sik Yuen)
Sin Pik Yiu	City University of Hong Kong – BBA Finance	Chinese Language 5*	Salesian Yip Hon Millennium Primary School

Congratulations to other students who have achieved outstanding results. The above list may not be exhaustive.



Recognizing Students' Outstanding Achievements

In 2003, during the SARS epidemic, Dr. Tse Yuen Man, an alumna of our school who graduated in 1986, bravely sacrificed her life while saving patients. To continue Dr. Tse's selfless spirit and dedication to others, the Tung Wah Group of Hospitals, our school, and the Hong Kong Chest and Lung Foundation have established various scholarships.

In 2022, a Form 6 graduate of our school, Cheng Hoi Yiu, received the TWGHs SF(MNT) Fund Scholarship, amounting to HK\$100,000, to pursue a Bachelor of Nursing (Honours) degree program.

The Tung Wah Group of Hospitals offers multiple scholarships to students to recognize and commend those who have excelled in various fields. Our school actively seeks resources to foster students' academic and character development, assisting them in achieving excellence. Scholarships are provided based on academic performance, extracurricular activities, moral character, and family circumstances. Additionally, we help students apply for various external scholarships, enabling them to fully develop their potential and excel in their areas of strength, thereby enriching their knowledge and achieving fruitful results.

Ching Siu Nga: Hong Kong's Racewalking Olympic Representative and Record Holder

Ching Siu Nga, our alumna who graduated from WYY in 2008, is a remarkable athlete. Ching has achieved extraordinary feats in the realm of walk racing while humbly representing Hong Kong on the global stage, including the prestigious Olympic Games. What makes her story even more fascinating is the fact that she wasn't always a sports prodigy from a young age. In fact, her entry into the world of competitive racewalking was fueled by curiosity and a simple desire to try something new.

Over time, Ching Siu Nga sought professional training and guidance, dedicating herself to the discipline of racewalking. Her relentless efforts and unwavering determination gradually elevated her athletic prowess. Her story exemplifies the power of dedication — an incredible transformation from a curious novice to a Hong Kong elite athlete.



1:37:59 1:29:12 000

Creating a Bright Platform for Nurturing Remarkable Student Achievements

Our school provides diverse learning opportunities, fostering students' interests and allowing them to demonstrate their strengths and maximize their potential. Our students' relentless effort has resulted in numerous accolades, some of which are highlighted below:

Academic and Leadership Development





 Hosted by the Educational Assessment Australia of the University of New South Wales, ICAS focuses on assessing students' thinking and application skills. Our Form 5 students, Law Heung and Ng Siu Yu, excelled among approximately 70,000 participants in the Hong Kong and Macau regions, winning the highest honor medal in Form 5 Mathematics.

- Our students have participated for four consecutive years in the world's largest synthetic biology competition, the "iGEM – International Genetically Engineered Machine Competition," initiated annually by MIT. Our school has won various awards over the years.
- In 2020, our school stood out among more than 200 teams globally, being selected by the environmental group "Revive and Restore" as one of the top twelve most promising teams worldwide, and received a prize of about HK\$40,000. Additionally, from 2020 to 2022, we consistently won the research bronze award.
- This year, seven of our students teamed up with students from four other local schools to form a joint Hong Kong team and competed in Paris, achieving excellent results. The competition this year featured over 400 teams from 66 countries, including students and postgraduates. Not only did our school win the research gold award, but we were also nominated for the "Best Sustainable Development Impact" and "Best Education" awards, placing us among the top five globally in these categories.



 Our students won the Most Creative Award in the 2022– 2023 Urban Renewal Authority x Tung Wah Group of Hospitals Youth Leadership Program.



 Our school spares no effort in training uniformed groups. Student Chiu Wing Yiu from Class 6A was selected as the 2023 Outstanding Red Cross Youth Member for the New Territories West Headquarters and was one of the four representatives competing in the territory-wide selection.



 Organized by the Peninsula Junior Chamber, our students won third place in the "Conservation Advocacy" category and were invited to Macau for a conservation exchange event.



 Our students participated in a competition coorganized by Rotary International District 3450 and Cyberport Hong Kong, winning the first runner-up and providing a creative and feasible design solution for the Cyberport Waterfront Park.



 Our students triumphed in the Jet Racer category, winning the championship, the Fastest Lap Award, and the Fastest Average Speed Award.



Conducted by the Community Relations
Department of the ICAC, our students actively
participated and won the gold award. This
program allows students to become iTeen
Leaders, promoting anti-corruption activities
within the school, understanding the harms
of corruption, and fostering positive values of
honesty and integrity.



 Our students' unique essay material and expressive recitation won three third-place awards.

06

Sports

Kwai Tsing District Inter-School Athletics Competition

Our school's athletics team has consistently excelled, repeatedly winning the overall team championships in both the boys' and girls' categories in the "Kwai Tsing District Inter–School Athletics Competition." This year, we also proudly secured the top position on the school athletics medals tally and won the boys' team championship (2022–23).



Celebrity Basketball Team School Visit Match

The basketball team "VR-1," consisting of alumni celebrities Ng Fu Kiu, Ng Yip Kwan, and players from the Hong Kong A1 Division, visited our school for a match. Our school's boys' and girls' basketball teams had the opportunity to compete with them and learn their spirit of never giving up and constantly striving for excellence.





Proud Achievements







Hong Kong Schools Dance Festival

Our students have achieved remarkable success at the Hong Kong Schools Dance Festival, winning multiple honors, including: Grade A Award in "Jazz and Hip-Hop Dance," Grade A and B Awards in "Cha-Cha-Cha," Grade B Award in "Sports Dance - Cowboy," Grade B Award in "Modern Dance - Solo," Distinction Award in "Chinese Dance - Solo," and Grade A Award in "Jazz and Hip-Hop Dance - Solo."

Hong Kong International A Cappella Festival

Our school's "A Cappella Group" participated in the "Hong Kong International A Cappella Contest 2023" organized by the Hong Kong Federation of Youth Groups, winning the Bronze Award.



"5th DRAW MY WATCH Watch Face Design Competition"

Our students demonstrated their creativity and design talent in this competition, winning the first runnerup in the open category.





Eleven of our student baristas actively prepared for the competition and performed excellently, with one student making it to the top eight in the territory-wide school category, a truly inspiring achievement.



Inter-School Music Competition

Our handbell team participated in the Inter-School Music Competition organized by the Hong Kong School Music Association and won a Gold Award.











School Introduction Video