

# GLITTER

Tung Wah Group of Hospitals Mrs. Wu York Yu Memorial College

2024 VOL.41 FREE



OPEN OUR EYES  
BE OUR PRIDE

REACH THE SKY



# Principal's Words

Dear WYY Family Members,

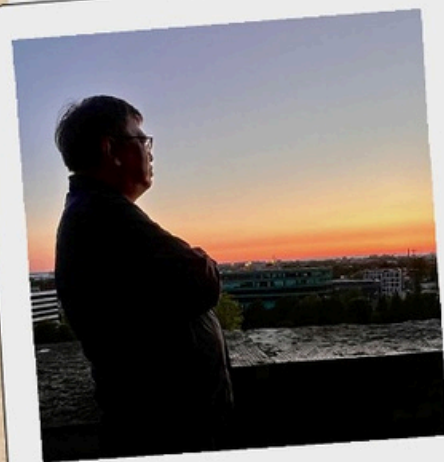
As I approach the end of my tenure as the Principal of WYY, I would like to take a moment to express my heartfelt gratitude to all of you. Serving our remarkable school community has been an honour and a privilege for me.

These years have been filled with my life's happiest and most fulfilling moments. I have been continually inspired by the dedication, passion, and talents that permeate every corner of our school. Witnessing the growth and positive changes in our campus has been a true privilege. From academic achievements to extracurricular successes, from facility upgrades to strengthening our school spirit, we have celebrated countless milestones together.

I am immensely proud of the positive changes and improvements we have made together. Our school has grown in countless ways, not just in numbers but also in the quality of education we provide, the values we instil, and the sense of community we have fostered. It is a testament to the collective and concerted efforts of everyone involved.

As I am stepping into a new chapter in life, I would like to encourage all of you to continue WYY's growth journey. Make full use of the resources available to you, support one another, and strive to make our beloved school an even better place for future generations. Thank you for the memories, the laughter, and the invaluable lessons you have taught me along the way. I will cherish my time here forever.

With deepest appreciation,  
YIP Wai-ming



Embrace challenges



Farewell Party



F5 Job Hunting Day

The Glitter Editorial Team would like to take this moment to sincerely thank Dr Yip for his dedication and service to WYY. Without Dr Yip, WYY would not have such high achievements today.



# Behind the Scene: The Sweat and Tears of WYY's Dance Team

**Did you guys watch the performance of WYY's Dance Team at the Asian High Schoolers International Hip Hop Dance Competition? In the competition, our dance team members, wearing black shirts and brown checked bottoms, pulled out all the stops to bring their best performance for themselves and the audience. Let's review the show!**



The dancers from our school were sitting happily on stage, wearing colourful clothes with make-up. In the middle of the group, one dancer holds a trophy and a certificate because our school got third place. The people behind the dancers are their senior brothers and sisters who came to support and cheer for them. They all did an immensely great job.



The WYY Dance Team performed an amazing hip hop dance with amusing movements and delightful smiles that spread happiness throughout the audience. The dancers creatively used chairs as steps during the dance and as signs at the end of the dance, flashing a message hidden under the seats that read, "Love Yourself".



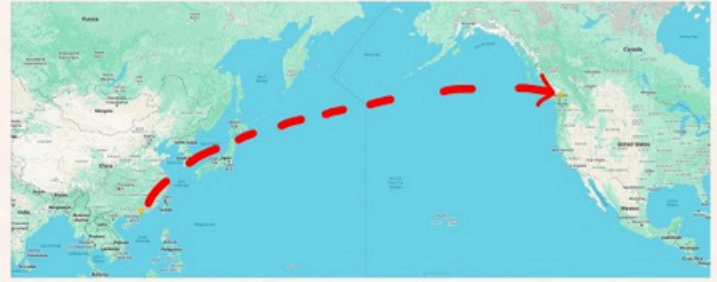
'Practice makes perfect' was the mindset of the WYY Dance Team as they prepared for the competition. A big team consisting of sixteen members, they had to ensure that every dance movement, angle and facial expression was perfectly in synch. To do this, they practiced countless times, as you might have heard if you passed by the SAC after school hours. The diligent members stayed long after school each week to develop their skills and perfect their performance!

The process was exhausting, but look at the impressive results! We can see from their glowing smiles how happy they are and how strong of a bond they now share!

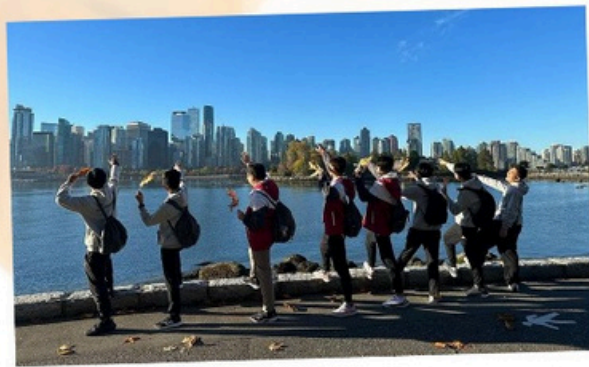


# Fly us to Vancouver

In late 2023, the Tung Wah Ambassadors flew across the Pacific to Vancouver, Canada for a seven-day exchange trip. To fulfill everyone's curiosity, the Glitter Editorial Team has invited one of the Tung Wah Ambassadors of our school, 5A Andy Chan, to share his experiences in Vancouver.



*Across the Pacific*



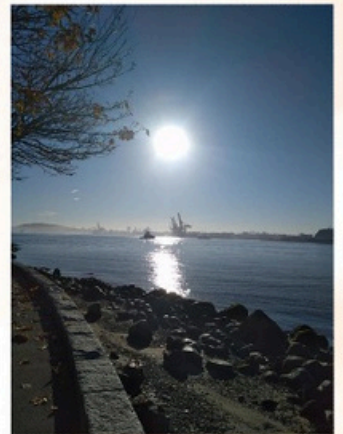
*TW Ambassadors @ Vancouver*

## Friendship

One of the things I gained most from this trip is definitely friendship. The students on this exchange trip came from eighteen different Tung Wah schools, so we didn't know about each other and were a little shy at first. However, we soon grew comfortable around each other and became friends. Seven days is a short time, but this week gave us some of the best memories of our school lives.

## Scenery

One mesmerizing moment is the gorgeous view of Stanley Park with the sun gleaming on the ocean, casting its golden beams of light rays onto the cerulean ocean. The sea reflects the sunlight, giving itself a shimmering glow. This sight is rare to see in Hong Kong as Hong Kong's pollution is quite serious.



*Scenery from Vancouver*

## Dinner Gathering

Dining with the directors was sure another special experience. While we dined, the directors talked about their life experiences and philosophies as we listened attentively. Thanks to the directors for sharing their precious time with us! The eatery also serves traditional Italian food, which was an absolute delicacy and tasted delicious.



*Dining at an Italian eatery with TW Directors*





*Chinatowns in Vancouver*

## Chinese Culture in Vancouver

There are traditional Chinese-style buildings and shops selling Chinese goods, such as Chinese medicine in the Chinatown in Vancouver. At the time that the Chinese came to Vancouver, this was the only place those Chinese people could cherish their native land. The many associations formed by them are emblematic of Chinese traditions.

## The 'Warmth' of the Ice-cream

On the day we met the directors, the weather was quite cold since we visited in late fall, early winter. However, even cold weather could not stop the enticement of ice-cream. Seeing that we were attracted by the alluring ice-cream, one of the directors, Mr. Lee, kindly treated us all, thereby giving us the warmth of hospitality on a cold day. We were all thankful for his generosity and had a warm winter day.



*Ambassadors having a cone of ice-cream together*



*Taking pictures on the drawbridge*

## Overcoming encumbrance

All of us had been walking on a drawbridge. To take a photo, we had to face our fear of heights, just as we had to face our fear of the unknown when boarding our plane to Vancouver. All of us who faced these fears are certainly glad we did. We are grateful to the directors, our schools and families for supporting us!

## Andy's recommendation

Andy definitely recommends that all students try an exchange trip at least once in their school life because such trips can broaden our horizons by letting us experience completely different cultures and lifestyles. "Don't be afraid to give it a try," says Andy. "Just remember to prepare before you set off by brushing up on your English as you will need it to communicate with foreigners."





# Paris, Thanks for the Memories!

4A Harriet Yu

In November of last year, 7 of us travelled to Paris to participate in a competition called iGEM. The experience was incredible since our team was formed of students from different schools, which gave us a chance to make many new friends, making this trip even more exciting and enjoyable.

We had our initial meeting in February, but didn't start our laboratory work until the summer holiday began. This was my first experience conducting such complex laboratory tasks. We met other teams that came from different countries and shared our ideas and enthusiasm with each other. We also visited the Black Soldier Fly Farm and went to a primary school to teach primary students synthetic biology.



Unfortunately, we also encountered some obstacles: Two of our specimens failed to be induced, and the concentration of one of the purified specimens was too low. Yet overall, we had great success, making seven types of recombinant plasmids and inducing a total of five antimicrobial peptides while having a great time collaborating and developing a deeper understanding of synthetic biology and bioengineering. The most important thing is that we learnt how to work together and devote ourselves to the project.



Our team project was Antimicrobial Black Soldier Fly Ecoplaster. This product is designed to tackle four major societal problems, namely chronic wounds, bacterial infection, antibiotic resistance and plastic pollution. A unique feature of our product is that our plaster is made of substances that came directly from the black soldier fly, whose larvae are highly efficient at converting waste materials into valuable resources. Black Soldier flies are capable of reducing foul odours and outcompeting other fly species. In addition, they possess antimicrobial properties. Their larvae could play a crucial role in waste management and could be utilized in grub composting bins.

The exhibition was incredible. It included 121 high school teams along with 400 teams from 50 different countries and regions. In the exhibition, our team held a booth to present our project while also exploring and learning about other teams' ideas. During the exhibition, there was a rather amusing feature that caught my attention - a table tennis table, which was available for participants to play on. I decided to join a game and had good fun playing with other students from all over the world.

Finally, all of our efforts were worth it - we got a gold medal and were named top 5 in high school teams for "Best Education" and "Best Sustainable Development". We were all in a state of shock when the results were announced.





Apart from attending our competition, we also visited several museums, including the Palace of Versailles and the Louvre, which we had seen before only in our textbooks, and which definitely left a great impression. Of course, when you mention Paris, you must think about those famous landmarks such as the Eiffel Tower and the Arc de Triomphe. We were fortunate to visit these two magnificent landmarks as well. Indeed, my only disappointment on the trip was at one restaurant. The reason is that I ordered a steak cooked medium, but when the steak was served, it was well-done, which made the steak almost impossible to eat.



Finally, our whole team would like to express our gratitude to all the teachers who supported us and gave us the opportunity to participate in this competition. During the trip, we faced various problems like the language barrier, jet lag, bad weather conditions and different eating habits, so we were lucky to have such a group of kind teachers and fellows to help us. Personally, this experience opened my eyes and inspired me in many ways. I learnt how to collaborate with different people and acquired new skills such as website programming. Although it was challenging, I still enjoyed the process and will treasure my memories of this competition.

We still keep in touch with members of other schools, even though the competition is over. We have established great bonds with some of the members and formed lasting relationships. Despite our brief time together, we have formed friendships that will hopefully last a lifetime!





# A Visit to SPCA JCCCC(TY)

## --a new hub for the fluffies



Knowing that the Pet Pet Club and the English Club were organizing a tour to the SPCA Jockey Club Centennial Centre in February, Glitter members decided to follow them to visit this newly constructed center in Tsing Yi. We would take you all on a fascinating journey inside.

Located near Cheung Ching Estate, Tsing Yi, the SPCA Jockey Club Centennial Centre could be easily identified by its unique exterior designs from the rest of the industrial buildings. Spanning over 93,000 square feet, the five-storey centre now serves as the hub for all SPCA's animal welfare programmes and education outreach. The centre is also equipped with state-of-the-art technology, which includes an immersive classroom on animal welfare. Murals and paintings relating to puppies are hung within the whole complex. Featuring upgraded adoption facilities, an expansive community space, fully-fitted conference and seminar rooms, a modern grooming area, and lifestyle retail areas, the center has made itself an ideal place to spend your weekend with your fluffy friends and their cubs.



## Current figures of unlucky pets



We were welcomed and let in by one of the promoters of the programme, who gave us a lesson and tour of the facility. On average, the Agriculture, Fisheries and Conservation Department handles between 5000 - 7000 stray dogs annually. As for the SPCA, they rescue around 3800 animals, with almost 600 surrendered by pet owners, and 700 strays from the public every year. Among them, around 2600 can be re-homed, while around 1400 are humanely destroyed. Just imagine how disheartening it is to find countless

animals which should have been living a peaceful life were abandoned, strayed, or even killed. There are also illegal breeders raising many pets in horrifying mills, and hardly show respect for their value of life.



## Interested in offering pets a home sweet home?

Considering adopting a pet from the SPCA can definitely save more lives than buying one! This way, the adopted animals will get a new home, and hopefully, shrink the market of inhumane illegal breeding.

Here is a checklist to assess how ready you are for pet adoption. First, can you afford a basic cost for feeding and maintaining hygiene care for the animal? Second, is there a time slot to set aside in your daily schedule for accompanying your fluffy friends? Dogs, in particular, need to be walked outdoors every day. What's more, the flat size of a potential pet owner is also a critical point to look at since adoption is a life-long commitment until death do you part!

- ✓ Can afford their necessities
- ✓ Flat Size
- ✓ Life-long Commitment
- ✓ Time

Don't forget that parents or guardians should get consulted too. One good way is to invite them to an SPCA adoption center to meet the real 'candidates' and the SPCA staff, who will be most happy to answer queries while conducting background checks to assess your suitability. Do note that adoption isn't totally free-of-charge as the center still needs to pay for its daily operation. A cat, for example, usually costs around HKD\$3500 (excluding SPCA membership fee). That may sound as expensive as buying one, but it is more morally correct to adopt one from the SPCA.



Visit to SPCA





# A Slam Dunk at WYY!

Last year, we had the opportunity to interview our alumnus, Alvin Ng, a Hong Kong singer and actor. He led the VR1 team to have a wonderful friendly match against our WYY basketball team.



## The Spine-tingling Match

Alvin said that this year's competition was different from previous ones because it had more spectators, which made him even happier to return to WYY to play. He said, "I hope there will be more opportunities to come back to WYY in the future!" Alvin and VR1 members both said that they were overjoyed after playing with the WYY basketball team this time, because the WYY team played even better than expected. Their basic skills were solid, and they will continue to improve over time with more practice, teamwork and commitment.

## The 'Birth' of VR1

Before Alvin joined VR1, it was already established by singers and artists such as James Ng, Hubert Wu, Jay Fung, and Keni Lee. They participated in The Voice, which was a Hong Kong singing competition broadcast by TVB. They all came together because of their love for music and basketball, and founded VR1.

As the captain of VR1 last year, Alvin proposed the idea of a school basketball tour. He hopes to play at all the alma maters of the VR1 members. He said, "Taking WYY as the first stop on our school tour is an exciting thing. It feels like returning home."

Because VR1 members all have their own careers, it is difficult to schedule time to practice playing together. We asked how they balance work and training. Alvin replied, "I believe it is because of everyone's passion for basketball that VR1 has been able to go this far. I am very grateful to the team members for making time for practice. Moreover, we believe that winning or losing is not the most important thing. What matters most is being happy while playing basketball."





## More about Alvin



Do you think Alvin often played basketball when he was a secondary student? Actually, Alvin was not particularly interested in the sport until Form 4, when he participated in his first inter-house and inter-class basketball competitions. Also, around that time he was also inspired by the example of the NBA player Kobe Bryant, who remains one of his idols even today. These things helped him discover his love for basketball.

Alvin did, however, enjoy music throughout his school life. One of his most unforgettable experiences was singing for Purple House with Mr Chow in an inter-house singing competition. They changed the lyrics of a popular Eason Chan song in order to promote environmental protection and have a good laugh. For this, they earned huge applause from their audience.

*"ONE OF THE BEST THINGS ABOUT TODAY IS THAT IT LETS ME  
COMBINE THESE TWO PASSIONS OF MINE – BASKETBALL AND MUSIC,"  
SAYS ALVIN.*

### Inspiring Words from Alvin

"Follow your passion and stay true to yourself!"

Alvin admitted laughingly that he was not the most diligent student while at WYY. He hopes his example can show current students that anyone is capable of developing diligence and good habits over time. Alvin believes that the key to learning diligence and good habits is to identify what one really loves to do, where one's passions lie, while avoiding negative influences that could lead us down a wrong path. Alvin believes this is the secret to his success in life so far!







# Inspiring students with his passion for art

-- Let's meet WYY's brilliant maestro, Mr Wong!

## What has art brought to the maestro himself?

Art is therapeutic to Mr Wong. Every time he creates a piece of art or visits an art museum, his mind is at ease and his heart feels calm. In other words, art is almost like meditation for him. Sometimes, art can even be a process of self-discovery to Mr Wong. From the techniques to the composition, a piece of art can express the feelings of the artist, which can be shared with the observer. "Art has many definitions, and I personally believe that it is a form of self-expression. By comparing the artwork of many people, I can see how everyone is unique in their own way." Likewise, Mr Wong can see how he's progressed through the many art pieces he's created throughout his life. "The way I paint has helped me find the real hidden me," he says.

## Being at a crossroads in academics

Mr Wong always excelled in his academics, earning good grades in almost every subject. When he was a Form 3 student, he stood at a crossroads, struggling to decide which subject he should choose. At last, he chose BAFs and surprisingly, visual arts. Although Arts wasn't his best subject at the time, he had a burning passion for it, which led him to choose Arts as his third subject. What he didn't expect was that he would choose Fine Arts as his major in university, embarking on a journey of creativity and self-discovery.



## Every rose has its thorns

Although taking fine arts was incredibly enjoyable, there was a time where Mr Wong felt "lost at sea", overwhelmed by the complexities of difficult art techniques and the fine points of art history. But with time and practice, understanding and making fine art became less intimidating to Mr Wong. He learnt that it was possible to create a good piece of art with dedication and motivation because those elements can help give an art piece its unique aesthetic or, as Mr Wong says, its soul.

## Practice makes perfect!

You might think that Mr Wong was incredibly gifted in arts, and that everything came easily to him. But you'd be dead wrong. Like every other artist, Mr Wong has had his own struggles. He has had to put his blood, sweat and tears into every art piece he has created; he has put practice and struggle into every brush stroke he has made. "Taking Fine Arts was a handful — we had to create every form of art, like sculpting and sketching! For me, the hardest art form was oil painting." But there were two mediums that he mainly focused on — calligraphy writing and traditional Chinese art. Mastering all these different types of art requires a big time commitment. Every Saturday from 9 am to 6 pm, Mr Wong would willingly stay in the art room for hours just to practice new techniques. With the help of his fellow artists and his art teachers, Mr Wong made incredible progress and started to experience the joy of creating art. Like how the saying goes, practice makes perfect!





## What lies ahead for Mr Wong's art panel

Mr Wong would like to have more art exhibitions of students' work in our school in the future, as this can be a great opportunity to showcase students' hard work and individual visions. He is also considering school trips to art museums, design exhibitions or even workshops open to all WYY students! His main goal is to focus on opening the eyes of students and letting them develop their creativity. So, look out for these fun activities in the coming year!



## Words of encouragement from Mr Wong

Mr Wong deeply encourages those who are passionate about visual arts to pursue their dreams and not be discouraged regardless of their present art skills, as there is still a lot of time for them to learn. As Thomas Edison once said, "Genius is one percent inspiration and ninety-nine percent perspiration." Mr Wong believes that with time and effort, all students can experience the joy and wonders of art. Remember, if you can dream it, you can do it!

## Our Victory in the Inter-School Badminton Competition

Congratulations! Recently, WYY's badminton team won the Inter-School Badminton Competition championship, which is really great news! Our Badminton team members have shared with us their thoughts on this match.

### Initial thoughts about winning the championship

"In fact, we doubted if we could win the championship at first. We feared we might be eliminated early in the competition because our opponent in the initial round was last year's champion. Moreover, our opponent in the Round of 16 was a very strong team that was favoured to win this year. So, we lacked confidence in the beginning."

### Overcoming the difficulties

"We overcame our difficulties by practice and perseverance. After each practice, my feet felt very painful, like they were cramping. It was hard, but I endured the pain and kept practicing because I couldn't let my teammates down. Every time I felt like giving up, I just fantasized about us winning the championship."



### The key to Victory

"The biggest reason we won the championship was our coach, Mr Tang. He is a very strict coach who always requires us to practice until we are exhausted in order to improve our badminton skills. He puts a lot of effort into teaching us. He would punish us if we did not take our practice seriously because he wanted us to reach our full potential. We really appreciate him!"



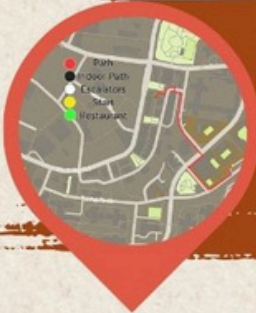


# GLITTER GOURMET

"Glitter Gourmet" strives to provide great restaurant choices for students who are looking for an ideal place to have lunch.

## TSUI YIN RESTAURANT (聚賢美食)

OVERALL RATING: ★★★★★



Tsui Yin Restaurant is a popular choice for a lot of students. This restaurant sells noodle dishes for which you can choose the ingredients. The price is low and the flavour is rich. However, there is a chance that an order can be messed up. But the price and taste definitely make up for it. Don't forget to grab a chilling carbon drink from the fridge for free!

Price range: \$40-\$50

Speed ★★★★★ Price ★★★★★ Taste ★★★★★ Service ★★



## CHEF THAI (家家樂餐廳)

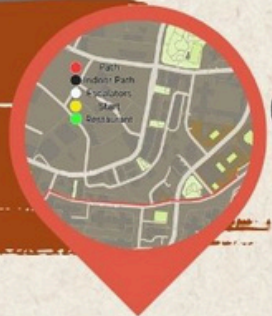
OVERALL RATING: ★★★



Chef Thai is a Thai cha chaan teng that offers plenty of yummy food choices. The main lunch menu varies on weekdays. This restaurant also offers a \$6 student discount. The staff are usually nice and the food is decent. However, the food portions are slightly smaller and the location is a bit far away from our school. Overall, it is a solid choice for lunch.

Price range: \$50-\$60

Speed ★★★★★ Price ★★★ Taste ★★★ Service ★★★★★



## FLOURISH VIET (越旺)

OVERALL RATING: ★★★★★



Flourish Viet is a Vietnamese restaurant that offers absolutely delightful food choices. The taste is probably one of the best in the area. Food will come relatively fast and the staff are generally nice. However, the price is more on the expensive side without student discounts. Moreover, there are not many seats available. You'd better eat fast in such a popular restaurant. Overall, Flourish Viet is a great choice for lunch once in a while.

Price range: \$55-\$70

Speed ★★★★★ Price ★★ Taste ★★★★★ Service ★★★★★



## NEW KAM FUNG RESTAURANT (新金豐餐廳)

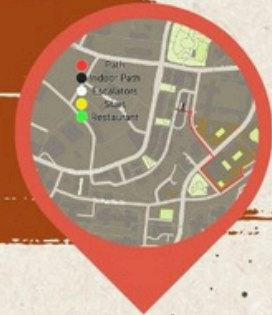
OVERALL RATING: ★★★★★



New Kam Fung is a cha chaan teng that has very good foods at affordable prices. The food tastes great and the staff are known for their speedy service. It is not that far away, so it's a great choice for lunch. During busy hours, you may need to sit with other diners. Overall, it is a hot choice for a fast meal.

Price range: \$50-\$60

Speed ★★★★★ Price ★★★★★ Taste ★★★★★ Service ★★★★★







## APP RECOMMENDATION TO BOOST YOUR PRODUCTIVITY

In today's technologically advanced society, there are actually thousands of apps that can help you relieve stress from your daily jam-packed schedule! With bells on, we cannot wait to introduce several functionally practical apps and hope you will get fully galvanized by them all!

### Maximizing Efficiency: Harnessing All the Might of Apps



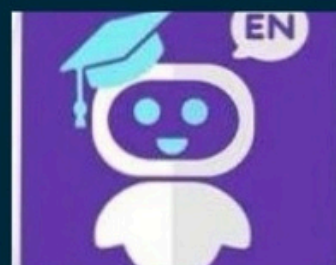
#### CANVA

##### >>> Revolutionize Your Creativity

—Canva is a versatile app you must not miss while dealing with a project. Apart from its bountiful functions, astonishingly, there is already a category of background designs posted on the app. Why not pick an appealing one for your design?

—Seeking more joy in life? Kahoot is an app with quiz-based games which can nurture teenagers' willingness to learn at school. With Kahoot, students can gain a more entertaining and provocative learning experience instead of just mindlessly listening to what their teachers are talking about.

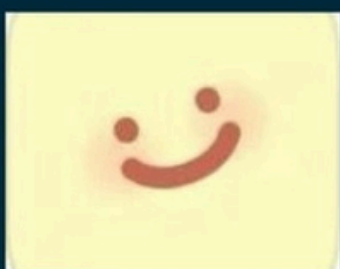
##### >>> Learn from Entertainment KAHOOT



#### IMPROMPTU

##### >>> Immersion into Speaking

—Impromptu is tailor-made for individual responses of DSE. Can you envision that it can automatically give you real-time feedback on diverse aspects like an authentic teacher? Besides, it is easy to use. Just record yourself responding to various difficult questions, then it will give you marvellous suggestions on improving your speaking skills!



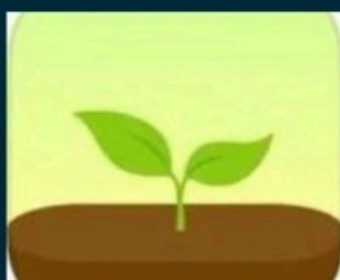
#### BUTTERCAP

##### >>> Revolutionize Your Creativity

—Buttercap mainly focuses on beautifying photos or poster-like things. One of its unique features is offering users loads of stylish font options at their fingertips.

—In Forest, you will learn how to be more self-disciplined by simply planting a seed in a digital forest. If you can put down your phone for a while, your tree will grow splendidly! On the contrary, if you pick up your phone, regrettably, your adorable tree will wither. The account holder can be, therefore, significantly enhanced in productivity, efficacy and sense of recognition!

##### >>> Learn from Entertainment FOREST



#### NATURALREADER

##### >>> Immersion into Speaking

—Another app that is widely in use is NaturalReader. Users can choose native speakers of diverse origins to read aloud texts in PDFs, cloud documents, and even texts you have taken as images. Functioning as a podcast or audiobook, users can learn English using NaturalReader anywhere, anytime and anyway.





## EDITORS' WORDS

We are grateful to be appointed as the Editor-in-Chiefs of Glitter. On behalf of the Glitter editorial team, we would like to take this opportunity to express our gratitude to everyone who has provided constant unfailing support and dedication towards Glitter. Without the contributions of our awesome teacher advisors, student reporters and editors and the graphic designer, this edition would not have been successful. Special thanks must also go to the interviewees and all of you who are reading our masterpiece! We hope you can draw inspiration, entertainment and joy from this issue we have brought you, while appreciating the vivid and lively faces of our school lives beyond studies.

## EDITORIAL TEAM (2023-2024)

### Editor-in-Chief

5A Hazel Kwan

### Deputy Editor-in-Chief

5A Edison Chung

### Graphic Designer

5A Ryan Chiu

### Editors

5A Andy Chan

5A Irene Cheung

5A Bosco Cheung

5D YY Yeung

4B Claudia Ho

### Reporters

4A Hayden Li

4A Remi Lee

4A Harriet Yu

4A Ray Zhang

3C Nicole Cheung

3C Ringo Hang

3C Rabia Kauser

3C Peter Mao

2C Kandice Lee

2C Matthew Liu

2C Kelly Wong

### Teacher-in-charge

Ms Angela Cheung

### Teacher Advisors

Mr Shawn Lyons

Ms Anna Sum

## Acknowledgement

### Principal

Dr. Yip Wai Ming

### Vice Principals

Ms Kwok Yuk Hang

### Assistant Principal

Mr Chow Chi Man

### Teachers

Ms Ella Lee

Ms Angela Leung

Ms Mak Mei Lin

Mr Liam Wong

Mr Wong Yik Teng

Ms Ng Yin Pui

