

Name _____ F.1 (____) _____

F.1 Text to be posted on English iZone (November):

Directions: Complete this passage by writing the correct form of the given words on your worksheet.

Health is important in our daily life. We must **(1) d** _____ **(development)** good eating habits. If we eat food that is not **(2) h** _____ **(health)**, we will not have enough energy. If possible, we should also try to eat **(3) n** _____ **(naturally)** food that has not been **(4) g** _____ **(genetic)** modified”.

We also **(5) n** _____ **(necessary)** to exercise regularly. A **(6) l** _____ **(lacking)** of exercise will make us weak and overweight. I **(7) b** _____ **(belief)** that each of us has a **(8)** _____ **(responsible)** to **(9) e** _____ **(education)** ourselves about health and fitness. We must **(10) c** _____ **(choice)** to live a healthy life each day.

Name _____ F.1 (____)



English iZone QR code

Monthly Challenge - November

Directions: Visit English iZone and complete this worksheet. Return this worksheet to Mr Lyons on _____.

Part A – Word Forms

Read November's F.1 iZone reading passage and write the correct form of the given words.

1	
2	
3	
4	
5	
6	
7	
8	
9	
10	

Part B – Your Health

Write down two things that you do in your daily life to stay healthy and two things you **SHOULD** do, but don't do regularly.

Things I do:

1) _____

2) _____

Things I should do:

1) _____

2) _____